



## A COMPELLING "WHY"

Using Intentional Change Theory (ICT), we help you cultivate an intrinsic motivation towards an aspirational story that matters to you.

#### **DEVELOP INTERNAL STRUCTURE**

Using the <u>TPRAT</u> assessment, we analyze which of the four internal character structures are necessary for your growth.



#### **RELATIONAL NUTRIENTS**



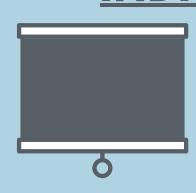
Using the <u>Townsend Relational Nutrients</u> model, we teach you a more effective framework for connection that surprisingly impacts your personal and professional life.

### **SELF-AWARENESS**

Using <u>Cloverleaf</u>, we equip you with a self-awareness dashboard that generates daily coaching tips synthesized from a variety of personality assessments (team/or individual packages)



# **INDIVIDUAL COACHING**



A trusted and equipped guide helps you achieve your personal and professional goals.

#### **ORGANIZATIONAL CONSULTING**

We design a plan to solve your most pressing problems by investing and developing to meet the demands of your organization.



